



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

Before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

Due to COVID-19, emergency food deliveries from our parish are currently on hold. If there is an urgent need, please call 519-742-8327 and press 2 for the House of Friendship food assistance program. Monthly collections have also been "paused" for 2022 due to inactivity for the foreseeable future.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Sunday's Gospel Reflection (Lk 4:1-13)



Jesus is put to the test by the devil. Satan begins temptations with the words, “**If you are the Son of God ...**” which is to say, ‘If you are truly loved by your Father, make Him demonstrate that love.’ The devil wants to show that God is not trustworthy.

In similar way the devil whispers to us, ‘If you believe you are God’s loved one, why suffering in your life, why illness, why troubles ...?’ Resisting temptations Jesus demonstrates that being loved by God is not dependent upon external circumstances. Trusting that we are loved by God regardless of what happens to us gives strength. As Jesus was not disappointed, so we won’t be either.

Dear Parishioners,

Today is the First Sunday of Lent. The six weeks of Lent provide for us an opportunity to rediscover God in our lives. God can be found in many ways, in the faces of the poor and struggling people, even amid tragedy, pain and disappointment because God never departs from our hearts. As Avery Dulles, the Jesuit theologian explains, “*Theologically, it is correct to say that the very desire to find God is evidence that God is drawing us to himself. To find him, in the last analysis, is to be found by him.*” May this holy season of Lent be for each of us a fruitful and inspiring time.

Fr. Jamroz

WELCOME HOME TO ST. MICHAEL PARISH

Welcome, we are really glad you’re here! Whether exploring, struggling or looking for a new Church Home - we extend a warm welcome to our parish and pray that you feel at home.

For details on our parish life, check out our website:
www.stmichaelw.ca



Tuesday, March 8, 2022

7:00 pm + Living & Deceased Members of the Catholic Women’s League - CWL

7:30 pm Holy Hour with Adoration & Benediction

Wednesday, March 9, 2022

12:15 pm + Heather McLean – Darlene Kuntz
+ Cecilia Vrabc – The Family

Thursday, March 10, 2022

12:15 pm + Vida Margit – The Cousins
+ Josef Kocon – The Family
+ Special Intentions of Rina & Silvano Colussi
- The Family

Friday, March 11, 2022

8:00 am + Katherine Krochak – Nick Stasiuk

7:00 pm + For the Parishioners of St. Michael Parish

7:30 pm Stations of the Cross

Saturday, March 12, 2022

5:00 pm + Edna Kuntz – The Family
+ George Chrysler, Jr. – The Family
+ Nicola & Teresina De Leo & Rosetta Zefferino
- Tony De Leo & Family

Mass Guidelines

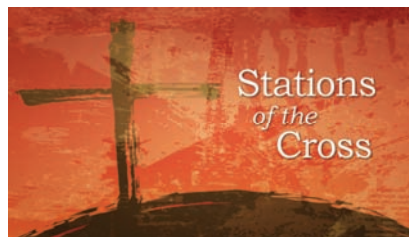
Masks are required by all who attend Mass, two-years old and older.

Sunday Homilies Online

Sunday homilies are available weekly online in audio version through our parish website – just click on the button ‘LISTEN TO HOMILY’.

Parish Office Hours

The parish office is open for in person, Monday – Friday from 9:00 am to 4:30 pm. If you are in need of a priest, you can contact Fr. Jamroz at 519-884-9311 ext. 27 or by email at pastor@stmichaelw.ca



Stations of the Cross

Friday evenings during Lent following the 7:00 pm Mass.

Children's Ministry Update

We begin this Lenten Season with the great news that we are getting ready to restart the Children's Ministry. We are very happy to greet all the children that would like to join us every Sunday for a time full of fun faith activities. If you are interested in bringing your children or for more information, please send an email to catechist@stmichaelw.ca



DIOCESE OF HAMILTON

Anniversary Mass 2022 - we have sadly had to make the decision to cancel the Anniversary Mass for 2022. Bishop Crosby would still like to honour those celebrating special milestones. We invite you to register your 25, 40, 50, 60 and 60 plus years of marriage on the Diocesan website at www.hamiltondiocese.com. The Anniversary Mass is listed on the home page - click on the icon and you can register your anniversary. We will send you the certificate you would have received from Bishop Crosby at the Mass.



CWL Rosary On-Line during Lent 7:00 pm Thursdays

CWL members and parishioners are invited to join together in praying the Rosary on **Thursday** evenings during Lent – March 3rd, 10th, 17th, 24th, 31st and April 7th.

The Rosary will be prayed on-line over Zoom at 7pm. It will be led by a member of the CWL.

If you would like to join, please email Shani Pregelj: email = cwl@stmichaelw.ca or phone 519-883-8933 to request the Zoom link.

All are welcome to participate – CWL members, parishioners and friends.

From Bishop Crosby's newsletter Heart to Heart

Effective March 1st churches may open to full capacity (including parish halls and meeting rooms). Ropes can be removed. Masks continue to be required by all who attend Mass, two-years old and older. Social distancing mandates are no longer in place. All liturgical ministries may resume – vaccination is not required... (Please see the diocese website for the full newsletter.)

PARENTING TIP OF THE MONTH - Parenting Tip 138:

Lent is a time of reflection for all Catholics and a perfect season to help children understand why we engage in prayer, works of charity, care for all and practising self-control, since all of these can bring us closer to God. Spend time on your Lenten journey as a family by attending Mass and discussing, in simple language, the readings you hear. Decide as a family on prayers and reflections to engage in each day of Lent and together look at how your family might use their resources to give to others. Your children can bring hope to the hearts of others during Lent and their spiritual journey will be enhanced by your presence and guidance. Family Ministry Office, 905-528-7988 ext. 2250.

MARRIAGE TIP OF THE MONTH - Marriage Tip 118:

The season of Lent is a perfect time to reflect on how we are living our lives according to God's call to discipleship and vocation. The vocation of marriage is an essential call since the Sacrament of Marriage is meant to be the visible sign or God's invisible love to the world. Lent then, is a perfect time to examine what you are bringing to your vocation, to see if forgiveness is readily available when needed and to contemplate whether you might make changes to better fulfill your call to marriage. As well, consider praying with your spouse, reflecting on a short Bible passage daily and working on holding anger during Lent, since all of these will strengthen your bond of love and bring you feelings of joy as the Easter season draws near. Family Ministry Office, 905-528-7988 ext. 2250.

WHAT IS LENT?

Lent is a 40 day season of prayer, fasting, and almsgiving that begins on **Ash Wednesday** and ends on **Holy Thursday**. It is a period of preparation to celebrate the Lord's Resurrection at Easter. We are called not only to fast and pray during Lent, but to a true inner conversion of heart. Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to fast in other ways (see, Joel 2:13).

In Lent, those who are baptized are called to renew their baptismal promises and commitment while others prepare to be baptized through the *Rite of Christian Initiation of Adults* (a period of learning and discernment for those who wish to become Catholics).

For more Lenten resources please visit the Diocese of Hamilton at <https://hamiltondiocese.com/lent2022/>



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At your time of need or when planning
ahead, call 519-648-2888



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